



**2200 21st Avenue South, Suite 306  
Nashville, TN 37212  
(615) 582-2882**

## **Practicum/Internship Application**

All placements begin during the summer semester and end upon the conclusion of the spring semester the following year. Please submit along with your CV/resume to [training@nashvillepsych.com](mailto:training@nashvillepsych.com). If you require extra space, feel free to answer on a separate sheet.

### **Track applying for:**

- Psychotherapy (3 semesters - Summer, Fall, Spring)**
- Assessment (3 semesters - Summer, Fall, Spring)**
- Assessment (1 semester - \_\_\_\_\_)**

Full Name:

Date:

Preferred First Name:

Pronouns:

Address:

Phone:

Email:

Date of Birth:

School:

(Expected) Graduation Date:

Degree Program and Concentration:

Number of direct hours required by your program:

Number of indirect hours required by your program:

Available Start Date:

Do you have an additional site you are (or will be) working at? If so, where?

Have you ever been arrested or convicted of a crime?  Yes  No

If yes, please explain.

### **Educational Background**

What would your classmates say about you?

What would your professors say about you?

Do you have any learning difficulties?

Do you have any experience with extracurricular activities to share?

## **Work Background**

Current Employer:

Job Title:  Part-Time  Full-Time

Job Responsibilities:

Do you enjoy your present work situation? Why or why not?

If asked, what would your boss/supervisor say about you?

What would your coworkers say about you?

Do you consider yourself a timely person?

Have you ever been fired from a job before? If yes, please explain.

## **Counseling Experience**

Do you have any special counseling skills or training?

Describe any previous counseling-related jobs, practicums, internships or volunteer experience.

How did you hear about Nashville Psych and what interested you about us?

Describe your ideal clinical supervisor.

What types of therapy are you most interested in?

What population do you prefer to work with and why?

What population do you see as potentially more challenging?

What are your goals for this opportunity with Nashville Psych?

What inspired you to pursue a degree in counseling?

What do you do for self-care?

What do you do for fun?

Is there anything else we should know about you or that you'd like to share?

## **Fictional Case Studies**

For those applying for the psychotherapy track, please review the following fictional case examples and create a treatment plan outline that you might follow based on the client presentation. If you are applying for the assessment track, please provide diagnostic considerations and explain differential diagnoses.

1. A white 16-year-old female has been brought to session by her mother. Her mother stated that the client is engaging in risky sexual behavior and is verbally abusive toward her younger brother and parents. She added that her daughter is ruining their family. The potential client carries a previous ADHD diagnosis from an evaluation that she underwent in the 3rd grade by her pediatrician, but is not currently taking medication. She reportedly had previous experiences in therapy that did not seem to make a difference in her behavior. Despite her behavior at home, she has maintained above average grades at school, and there are no complaints from teachers regarding her behavior. The mother states that the client's father tends to be most focused on their daughter's progress in school rather than her behavior.
  
2. An 18-year-old black male is a college student at Nashville State Community College. He stated that he is the first in his family to attend college. He presented at Nashville Psych after a "bad experience" with another therapist who he described made a lot of assumptions about him. He is currently reporting irritability, muscle tension, fatigue, low mood and low motivation following a relationship breakup that occurred during the past month. He also reported that his grades are starting to slip. He reportedly does not understand why his girlfriend broke up with him and he hopes to find the answers in therapy.

